



To The Point

Published for Members and Friends of the Sabal Point Community

"50 WAYS TO CUT YOUR ELECTRIC BILL"

We all know that rising energy costs are squeezing family budgets, through higher gasoline prices, food costs and fuel surcharges on electric power bills. Few homeowners realize that the monthly electricity costs of some households are nearly twice as much as other neighbors. These higher costs may relate to the number and ages of family members, but a lot of electricity and money could be saved by learning to be more power-conscious and making minor adjustments in lifestyle.

The great news is that many electricity-saving steps can be taken without sacrificing comfort or convenience. Energy-wasting habits can be changed, power-hungry appliances and electrical equipment can be turned-off, adjusted or replaced. Your family can reduce energy use and lower electric bills by making some simple changes around your home. The following tips address energy-savings in several areas including lighting, food storage, cooking, laundry and heating/cooling. Many changes will start paying for themselves immediately.

LIGHTING TIPS

1. **Turn off lights when not in use.** This saves energy twice...at the light fixture and in your air conditioning unit which has less heat to remove from your home's interior.
2. **Clean lamps and light fixtures.** Dust on bulbs and lamp fixtures can absorb as much as 50% of the light.
3. **Replace Incandescent bulbs with energy-efficient units.** Newer compact fluorescent lamps (CFLs) and light-emitting diodes (LEDs) can use up to 75% less energy and last 10 times longer.
4. **Use dimmers and 3-way bulbs.** These units can reduce energy use by adjusting the amount of light needed in an area.
5. **Use Timers.** Timers automatically control the hours

of operation, reducing energy use and improving security by making the house appear occupied.

HOME APPLIANCE HINTS

6. **Turn computers off when not in use.** Turning off your computer and monitor or using the "sleep" mode can save as much as \$100 per year on power bills.
7. **Buy "Energy Star®" appliances and electronics.** These units are specially designed to meet industry standards for power consumption.
8. **Load Dishwashers properly and fully.** Follow manufacturers instructions to best utilize cleaning actions and remember, your dishwasher uses essentially the same amount of power and water...no matter how many dishes are loaded.
9. **Skip Pre-Rinse, Extra-Rinse and Heated Dry Cycles.** Most newer dishwashers can handle normally-soiled dishes and do not require these extra energy-consuming cycles.

REFRIGERATOR AND FREEZER TIPS

10. **Get rid of the second refrigerator.** An older, under-utilized refrigerator can be costing you \$200 per year, especially if located outside in the garage or other non-cooled space.
11. **Give your refrigerator some space.** There should be at least 1" of space on each side of the refrigerator to permit proper air circulation.
12. **Clean the refrigerator's cooling coils.** Accumulation of dust and dirt reduces air flow and efficiency. Poor air flow can increase energy consumption by 10%.
13. **Check refrigerator door seals.** Inspect seals for proper orientation and check tightness with a slip of

(continued on page 7)



SPCSA NEWS



News for Sabal Bend, Sabal Creek, Sabal Fairway Villas, Sabal Glen,
Sabal Green, Sabal Place, Sabal Ridge, Sabal Trail, Sabal View, Sugar Ridge, Village On The Green

SPCSA BOARD OF DIRECTORS

President:	Wayne Hunicke	(407) 774-3234
Secretary:	Claudette Jaillet	(407) 774-0128
Treasurer:	Glen Winter	(407) 774-3258
Directors:	Jim Billotte	(407) 772-2779
	Bob Bruno	(407) 862-8441
	Kurt Bohnert	(407) 682-7167
	Joel Owens	(407) 339-7224
	Dwight Sample	(407) 862-4005
	Joan Ward	(407) 923-3708

SPCSA COMMITTEE CHAIRPERSONS

Arch. Review:	Kurt Bohnert	(407) 682-7167
Budget & Finance:	Glen Winter	(407) 774-3258
Compliance:	Jim Billotte	(407) 772-2779
Grounds:	Bob Bruno	(407) 862-8441
Neighborhood Watch:	Mary Gustafson	(407) 682-9259
	Guylyn Laney	(407) 782-0630
Newsletter:	Glen Winter	(407) 774-3258

VILLAGE ASSOCIATION PRESIDENTS

Sabal Fairway	John Wargo	(407) 869-7836
Sabal Green	Claudette Jaillet	(407) 774-0128
San Marco Villas/Sabal Place	Phyllis Robertson	(407) 788-3091

NEWSLETTER EDITOR

Joan Ward
538 Sabal Trail Circle • Longwood, FL 32779
(407) 923-3708

SPCSA MANAGEMENT COMPANY

Sentry Management, Inc.
2180 West S.R. 434 • Suite 5000 • Longwood, FL 32779
(407) 788-6700 ext. 314
Property Manager: Dorothy Dodson

UPCOMING SPCSA MEETING

October 18th • 7:00 p.m.
Village on The Green
Building E Lounge

Visit Our Web Page: www.SabalPoint.org

SPCSA ANNUAL MEETING AND ELECTION

by Wayne J. Hunicke, SPCSA President

SPCSA will conduct its 2011 Annual Members' Meeting and balloting for three Board of Directors positions this November 15th, with elected individuals serving in 2012 through 2014. Interested homeowners should complete the Candidate Information Sheet included with this newsletter. Candidate sheet content and appearance are important to readers, and at least one director will not be running for reelection, so please prepare your submittal thoughtfully.

Our volunteer Board of Directors has been very busy again this year, addressing financial, facility and other community issues. Construction was completed on the association's Maintenance Building at 670 Sabal Palm Drive, and the structure has been in active use since spring. Progress has also been made in collection of delinquent payments, and we have worked to assimilate new management arrangements at the Sabal Point Commercial Property Association (up-front apartment and condo complexes), which maintains the center Sabal Point Entrance and common areas, and at the Clubside Condominium Association, which was turned over to residents in early September. The Clubside facility and its 150

unit owners are joining SPCSA in accordance with annexation rules made many years ago. Details of this arrangement are being worked out.

Continuing, effective work by SPCSA's Board is critical to appearances, lifestyles and property values in our community and there will undoubtedly be another round of challenges in the coming year. Board participation includes:

- Monthly Meetings – Directors attend monthly Board Meetings which are held at 7:00 to 9:00 p.m. on the third Tuesday of each month. An Agenda is published and supporting materials provided through advance "board packages" for participants.
- Director Activities – individuals serve as President, Secretary and Treasurer, and on Committees for Architectural Control, Compliance, Landscaping and the Newsletter. Some directors spend a few hours per month on board work, but officers and committee leaders devote many hours each week for the community's benefit.

- Board of Directors Actions – we prepare and manage an annual budget of over \$420,000 with assistance from a licensed Property Manager, service contractors, attorneys and a certified public accountant. Key activities include:

Collection of dues and other payments
 Management and disbursement of funds
 Hiring and monitoring of contractors
 Retention of legal and other professionals
 Landscaping of common areas
 Maintenance of signs, lighting & infrastructure
 Obtaining insurance coverage
 Implementation of architectural controls
 Enforcement of deed restrictions
 Liaison with electrical, water and other utilities
 Investigation of resident complaints
 Coordination with County and local authorities

Homeowners should review all SPCSA mailings regarding the 2011 Annual Meeting and Election scheduled for November 15th. If you care about the neighborhood and have interest in affecting its future, please submit a Candidate Information Sheet to Sentry Management no later than the close of business on October 19, 2011. SPCSA's Nominating Committee will include all qualified applicants in the October election mailing.

SPCSA VOTING REMINDER

Neighbors are once again encouraged to participate in this year's election, voting in person or by proxy and ballot. Single-family homeowner response has remained low during the past few years, and this is your chance to show support for the community. Please take a few minutes, study your election package and then VOTE for the candidates of your choice!

Interested residents are encouraged to attend one of the scheduled meetings or to contact any SPCSA Board Member for more information. **We look forward to answering questions, reviewing candidate applications and to seeing active participation in the Election and Annual Meeting.**

ARE YOU TIRED OF "NO SHOW" SERVICE?

Call

ServiceOne
AIR CONDITIONING

(407) 331-6589

www.ServiceOneAC.com

Owner: Bill Gouty
Sabal Point Resident

License #CAC1813760



BRANDON NEGRICH, OWNER

(407) 383-8405

LAWN MAINTENANCE • TREE TRIMMING
PRESSURE WASHING... AND MORE

AMERICAN FAMILY FUNERALS & CREMATIONS



Alan Trueba

Licensed Funeral Director
Sabal Point Resident

**Personalized
Service At
Affordable Prices**

*Serving All Of
Central Florida*

(407) 339-0070

Family Owned and Operated

Architectural Review/Approval

Sabal Point's deed restrictions specify that residents must submit requests for exterior changes, additions, renovations or tree removal to their homeowners association's (HOA) Architectural Review Committee (ARC) for review and approval. The ARC is responsible for assuring that requested changes are consistent with designs, materials and colors of neighboring properties, that applicable deed restrictions and rights of adjacent property owners are respected, and that written approval is provided prior to commencement of work. ARC Approval is required for:

- Repainting, reroofing, replacement of windows, doors, shutters, trim and mailboxes.
- Addition, installation or modification of structures, fences, screens, pavements, storage areas, signs, flags, antennas, and play structures including basketball backboards (both fixed and roll-away).
- Significant modifications to landscaped areas and removal of certain trees (Note: requirements for tree removal vary between villages; review the covenants/deed restrictions for your property for specific details).
- Addition of large-sized decorative objects which are visible from the street including fountains, birdbaths, planter/flower pots, statues, trellises and hammocks; significant changes to exterior lighting.

ARC approval is not needed for work inside residences, for routine exterior maintenance or in-kind replacement of building materials, or for work in enclosed yard areas such as gardening or pool resurfacing.

ARC request forms are available on your homeowner association website, and residents with questions should contact the ARC representative or community association manager for their property, as listed in this newsletter.

BE BEAR AWARE

An increasing number of black bears have been roaming our neighborhoods. Although bear attacks on humans are extremely rare, residents should be cautious to avoid surprising them. Remember that their behavior is primarily driven by **FOOD** and **FEAR**. Therefore:

- Properly store and secure all odorous food/non-food items.
- Avoid surprising them. Black bears are easily frightened and can potentially cause serious injury if suddenly startled, cornered or provoked.

EPISCOPAL CHURCH OF THE RESURRECTION PRESCHOOL

*WHERE CHILDREN PLAY TO
LEARN... LEARN TO PLAY!*

(407) 788-3704



251 E. Lake Brantley Drive
Longwood, FL 32779

www.ResurrectionPreschool.org

Wanna Dance?

We Are Your Community
Dance Studio

Ages 2^{1/2}
- ADULT

Now Offering:

Ballet • Tap • Jazz
Acro • Hip Hop • Pointe
Pre-School • Modern

Birthday Parties!

Register Today!

407-862-5500

TurningPointeDance.com

Bianca Khoury, Studio Owner



470 EAST LAKE BRANTLEY DRIVE

BRIDGESTONE

Firestone



FORMULA 1

FIRESTONE

TIRE & AUTO CARE

2600 W. State Road 434 • Longwood, Florida



407-786-1909



"WHO'S WHO" IN NEIGHBORHOOD WATCH

CO-CHAIRS: Mary Gustafson - (407) 682-9259
Guylyn Laney - (407) 782-0630

VILLAGE CAPTAINS

CYPRESS LANDING

John Cinke (407) 862-7011
441 Willowbrook Lane

SABAL BEND

Kathi Fox (407) 682-5499
438 Twisting Pine Circle

SABAL CREEK

Suzanne Mercer (407) 862-8804
552 Winding Creek Place

SABAL FAIRWAY

Joe & Beverly Smith (407) 788-3293

SABAL GLEN

Bob & Linda Shydo (407) 774-1327
618 Longmeadow Circle

SABAL GREEN

Richard Basel (407) 557-8831

SABAL RIDGE

OPEN

Sabal Ridge is open for 2 Village Captains. Please call Mary Gustafson at (407) 682-9259 or Guylyn Laney at (407) 782-0630 for more information.

SABAL TRAIL

Mike Weber (407) 682-1172
522 Sabal Trail Circle

SABAL VIEW

Dea Hodges (407) 772-4615
600 N. Longview Place

SABAL WOODS

Victoria Sanner (407) 774-9418
333 W. Hornbeam Drive

SAN MARCO VILLAS

(dba Sabal Place)
OPEN – Please call Guylyn Laney at (407) 782-0630 for more information

SUGAR RIDGE

Jerry Kurland (407) 682-7799
524 Sugar Ridge Court

WHISPER WOOD I

Linda Berner (407) 865-7905
549 Whisper Wood Drive

WHISPER WOOD II

Peggy Neathery (407) 260-9121
448 Village View Lane

NEIGHBORHOOD WATCH NEWS

IS YOUR CURRENT E-MAIL ON FILE?

If you've changed your e-mail address, please remember to provide the updated information to neighborhoodwatch@sabalpoint.org in order to continue receiving Neighborhood Watch e-mails.

To sign up for Neighborhood Watch, please e-mail your request to NWSabalpoint@aol.com. Include your name, your complete address including subdivision (i.e. Sabal Bend, Sabal Creek, etc.), your e-mail address and your home phone number. Providing your cellular phone number is optional.

HOW DO I KNOW WHEN TO CALL 911?

- 911 is called for any crime in progress, including suspicious persons & activity.
- Call the **non-emergency number**, (407) 665-6650 for crimes that have already occurred, not requiring an emergency response.
- Remember, Neighborhood Watch is "neighbors watching out for neighbors" and reporting what you see and hear.
- After contacting 911, contact your Village Captain to inform them of your observations.

WHISPERWOOD I, WHISPERWOOD II & CYPRESS LANDING NEWS

President: Bob Hayne (407) 493-2946
president@sabalpointpropertyowners.org

Treasurer: Paul Hawkins
treasurer@sabalpointpropertyowners.org

Secretary: Mike Sperling
secretary@sabalpointpropertyowners.org

Director: Herb Friedman

Irrigation: Charles Almond
landscape@sabalpointpropertyowners.org

Compliance: Eve Wright
compliance@sabalpointpropertyowners.org

Website: David Johnston
webmaster@sabalpointpropertyowners.org

**Ball Field
Reservations:** Mike Lounsberry
(407) 399-9340

Visit Our Web Page: www.sabalpointpropertyowners.org

LANDSCAPING UPDATE – COMMON AREAS

The SPPOA Board recently completed a thorough review of the existing landscaping and fertilization/pest control contracts and put both out to bid. We have awarded a contract to Organic By Design. This is the same firm that has provided service to the area governed by the Sabal Point Community Services Association. We are looking forward to working on a long range plan to rehabilitate and improve our common areas along Sabal Palm Drive. Coupled with the repairs we have made to the irrigation system, we hope that you will begin to see a noticeable difference by next year. Homeowners who would like to get involved with the landscape committee can contact us at landscape@sabalpointpropertyowners.org.

LANDSCAPE UPDATE – RESIDENT’S YARDS

The SPPOA Board of Directors would like to thank those homeowners who have addressed or are in the process of addressing issues with their own

landscaping. We have had several tough winters and dry summers that have taken a toll on our grass and plants. Your efforts have noticeably improved the appearance of all three Villages and are appreciated.

The Seminole County Extension Service is an excellent source of information if you have questions about your lawn or shrubbery. The Extension Service has Master Gardeners on call, either by phone or email search. To reach them by phone, call (407) 665-5550. To reach them online, go to <http://ifas.ufl.edu>, access Search, and type in whatever question you have. Your tax dollars pay for this service, so get your money’s worth and use it.

GETTING INVOLVED

If you have any questions or would like to get involved, please contact any of the Board members listed above. You can also visit our website www.sabalpointpropertyowners.org. for more information.

LET THERE BE LIGHT!

If you notice street lamps in your village and/or along Sabal Palm Drive are out or not working properly, please call Progress Energy at 1-800-228-8485. They’ll send a technician out to remedy the problem as soon as possible.



- Pet Walking While you're at work
- Pet Care While you're Away From Home
- Sabal Point Residents, Pet Owners, and Sitters for years

Loving In-Home Care for Your Pets' Needs
(407) 788-3195 • (321) 356-0500

Licensed • Insured • Bonded
PetCare@PAWSitively-PURRfect.com

McFADDENS ROOFING

Roofing and Repair Specialists

Family Owned Since 1977

ALL TYPES OF ROOFING & REPAIR

Licensed & Insured • CCC1326427

(407) 682-9082

"50 WAYS TO CUT YOUR ELECTRIC BILL" (continued from page 1)

paper or dollar bill. If the paper can easily be pulled out, the seals may need to be realigned or replaced.

14. **Don't overload refrigerators.** Refrigerators operate most efficiently when full but not overloaded to the point of restricting internal air flow.

COOKING HINTS

18. **Preheat oven only when necessary.** Do not preheat your oven or broiler except when baked goods or other sensitive dishes require a precise starting temperature.
19. **Turn off the oven early.** Ovens can be turned off minutes before the end of cooking time and retain enough heat to finish food preparation.
20. **Do not open oven doors or lift pot lids unnecessarily.** Each opening can drop oven temperature by 25 to 50 degrees and pot lids keep heat and moisture from escaping into your kitchen.
21. **Cook multiple dishes together.** A little menu-planning can permit cooking of multiple dishes in the oven at the same time.
22. **Use smaller pans with lids.** Less cooking energy is needed to cook in smaller pans, on smaller burners, with tight-fitting lids.
23. **Don't over-boil.** Once water has reached a rolling boil, it doesn't get any hotter. Reduce burner settings to maintain boiling action for the specified time period.
24. **Use the microwave.** Energy-efficient microwave units consume up to 75% less energy than conventional ovens.

WASHER AND DRIER TIPS

25. **Wash and rinse with cold water.** In Florida, our "cold" water is never really frigid, and cold water settings can save at least \$25 per year.
26. **Adjust load settings properly.** Set load sizes, clothing types and soil-levels properly to reduce energy and water use in each load.
27. **Avoid small washer loads.** Combine loads to save electricity, water and your own personal laundry time.

28. **Purchase a front-loading washer.** If you're thinking of replacing a washing machine, consider a front-loading unit which reduces energy use by as much as 50%. Front-loading units also save water, require less detergent, and reduce wear-and-tear on clothes.
29. **Don't overload the drier.** Excessive loading reduces efficiency and makes the drier work harder.
30. **Keep lint filter clean.** Lint accumulations on the drier filter reduce air flow and increase run-time and energy consumption.
31. **Dry loads consecutively.** Sequential drier loads take advantage of residual heat in the drier, saving energy on each subsequent load.
32. **Hang-dry clothes.** Consider hang drying clothing in rear yard or back porch locations that are not visible from streets.

WATER HEATING SAVINGS

33. **Set water heater thermostat properly.** A temperature of 120 degrees Fahrenheit is often recommended for households. A 10 degree temperature reduction can save about 13% in water heating costs.
34. **Insulate hot water piping.** Many homes have exposed hot-water piping between the water heater and wall penetrations. Insulation wrapping will save heating dollars.
35. **Upgrade your shower heads.** Older showerheads can be replaced with lower-flow units that can save \$150 per year in water heating costs and as much as 15,000 gallons of water.
36. **Fix faucet leaks.** Dripping or leaking hot water faucets can waste 400 gallons of water a year (at one drip per second) and cost extra water heater dollars.

(continued on page 10)

E.L. "Buck" Mullins

Realtor®

317 Wekiva Springs Rd. • Longwood, FL 32779



Mobile: (407) 404-2095

Office: (407) 862-2013

Sabal Point Resident for 27 Years

ELBuckMullins@WatsonRealtyCorp.com



SABAL WOODS NEWS



P.O. Box 915042 • Longwood, FL 32791-5042

BOARD OF DIRECTORS

President:	Roger Thomson	(407) 869-4848	Architectural Review:	Michelle Gibson	(407) 869-4893
Secretary:	Bill Minshall	(407) 862-2985	Grounds:	Don Casey	(407) 869-9224
Treasurer:	Mitch Schoen	(321) 972-8592			

Visit Our Web Page: www.mysabalwoods.com

YARD OF THE MONTH

The Yard of the Month committee selected Thomas McMahan at 200 East Hornbeam Drive for the August Yard of the Month award. The September Yard of the Month award goes to Rance Sanner at 333 West Hornbeam Drive. Congratulations to these homeowners.

KEEPING UP APPEARANCES

Don Casey, our Grounds chairperson on the Board of Directors, has reported that replacement of plants at both entrances will be starting around the first of October. The new plants and sod in the island area at the South entrance have really added to the beauty of the entrance.

Here are some things we can all do as homeowners to beautify Sabal Woods. Several homes are vacant in Sabal Woods and papers, advertisements, etc. are being thrown onto their driveways and yards. Please make the extra effort to pick them up. It is also noted that some homes have weeds and grass covering sidewalks and drives and overtaking flower beds in the yards. Your neighbors want an attractive community and you have an obligation to clean up your yards and homes. This includes the pressure washing of the sidewalks in front of your house as well as your driveway.

MONTHLY BOARD MEETINGS

The Sabal Woods Board of Directors meets monthly on the second Tuesday of the month at 7:00 p.m. Signs are placed at each entrance to Sabal Woods a few days before the meeting giving the location. These meetings are open meetings and all Sabal Woods homeowners are encouraged to attend. During our next meeting in October

we will be starting the process of establishing our 2012 Sabal Woods budget. If you are unable to attend the meeting and have questions and/or suggestions, please call any of the Board of Directors listed above.

HOME IMPROVEMENTS

Requests for improvements and/or changes to the exterior of homes or landscaping should be made to Michelle Gibson (407) 869-4893. The forms can be printed out from our website and delivered to Michelle at 300 Red Mulberry Court.



"Protecting the miracle of sight!"
Dr. Christopher Pearson, O.D.
 Board Certified Optometric Physician
(407) 869-4733

Eye Care For The Entire Family



At The Corner
 of East Lake Brantley
 & State Road 434
 105 E. Lake Brantley Dr.
 Longwood, FL 32779
 Visit www.sabaleye.com

CELEBRATE HALLOWEEN AT CRANES ROOST

Halloween at Cranes Roost provides a community oriented door to door trick-or-treat alternative for kids. The 16th Annual Halloween event, which will take place on Monday, October 31st, is sponsored by the City of Altamonte Springs and features local businesses sponsoring booths to hand out candy and trinkets to an estimated 15,000 kids. There are costume contests for all ages, inflatable games and live entertainment. The event kicks off at 5:00 p.m. with trick-or-treating around Cranes Roost Lake and live entertainment in the Eddie Rose Amphitheater. Costume contests begin at 6:00 p.m. in the Amphitheater with the youngest ages on stage first. Food and beverages will be available for purchase throughout the venue. No coolers or pets are permitted in the park during this event.

LAKE MARY - HEATHROW FESTIVAL OF THE ARTS November 5th & 6th

Mark your calendars now for the 25th Annual Lake Mary-Heathrow Festival of the Arts. This festival is recognized as a premiere, juried art show that combines first class entertainment with world class art and craft exhibits. Last year's Festival drew tens of thousands. The Lake Mary Heathrow Festival of the Arts is designed to inspire an appreciation for quality art forms as well as to award scholarships to local students desiring a higher education. Proceeds from the festival also help support Seminole County School Art programs.

For more information about the Lake Mary-Heathrow Festival of The Arts, please visit their website at www.lakemaryheathrowarts.com.

SUNSET CINEMA AT CRANES ROOST

Bring your blankets, chairs and the family for a free evening of fun under the stars on the second Saturday of each month from 8:00 to 10:00 p.m. on the lawn in front of the Cranes Roost Plaza tower. The Rugrats Movie and Babe: Pig in the City will be shown on Saturday, October 8th and Saturday November 12th respectively. This free event is produced by St. Stephen Lutheran Church.

Winter & Associates, Inc.

Complete Financial Planning
Estates • Retirement • Investments

Glen E. Winter
(407) 415-4420

Email: glen.e.winter@gmail.com
Sabal Point Resident For 25 Years

S&W
KITCHENS, INC.
BATHS, WET BARS & MORE

Where Wishes & Dreams Come True

Please visit our fully equipped showroom and allow one of our talented designers to help you create your dream kitchen.

461 East Highway 434 • Longwood
(407) 339-5911

GARAGE DOORS & OPENERS



YOUR GARAGE DOOR OPENER
I NSTALLED PROFESSIONALLY

Senior Discounts
Spring Replacements
Family Owned & Operated
BEST GARAGE DOOR PRICES IN TOWN SINCE 1989

(407) 760-1042

Member of Better Business Bureau

TIRED OF REPLACING BIG CHUNKS OF YOUR LAWN EVERY YEAR?

WHEN YOU HIRE US TO BE YOUR ONE STOP
SERVICE PROVIDER THE FINGER POINTING
ENDS AND THE BUGS STOP HERE.



(888) 985-1411

Fertilization • Weed Control
Comprehensive Soil Testing
Lawn and Shrub Pest Control
Irrigation System Maintenance

WWW.GOORGANICBYDESIGN.COM

Reliable weekly lawn care provided by experienced well trained craftsmen allows us to spot problems as they develop instead of after they become an economic disaster.

WE HAVE WORKMAN'S COMP & LIABILITY INSURANCE
FOR YOUR PROTECTION!

DOES YOUR LANDSCAPE COMPANY?

"50 WAYS TO CUT YOUR ELECTRIC BILL" (continued from page 7)

COOLING

37. **Raise the thermostat.** Increasing thermostat settings by 6 degrees Fahrenheit can save 10% on cooling bills.
38. **Use ceiling fans.** Ceiling fans on slow speed can improve comfort levels and permit higher thermostat settings by promoting cooling air flows.
39. **Keep air filters clean.** Periodic cleaning or filter replacement keeps dust and dirt from clogging your air-handling unit and keeps the heat pump running efficiently.
40. **Close vents in unoccupied rooms.** Reducing unnecessary cooling can save 5% to 10% on cooling costs.
41. **Remove hot or humid air.** Use exhaust fans to get rid of hot air from cooking areas and humid air from bathroom/shower areas. The savings in cooling cost outweigh the cost of running fans.
42. **Close curtains and blinds.** Closed drapes, shades and blinds keep sunshine and heat out of the house during the day.
43. **Eliminate heat from the attic.** Make certain that attic vents or exhaust systems are open and operating properly to avoid heat build-up that finds its way into your home.
44. **Keep cool air from escaping.** Seal any gaps or cracks around windows or doors to keep cool air in and hot/humid air out; the air conditioner has to work harder if cool air escapes.
45. **Keep doors closed.** Encourage family members to minimize the number of times doors are opened or left open. Each opening lets hot air in as cool air escapes.

HEATING TIPS

46. **Lower thermostat settings.** Settings of 68° Fahrenheit are often recommended, and a reduction of as little as 1 degree can make a difference.
47. **Use a programmable thermostat.** Automatic controls on thermostat settings can lower temperatures when no one is home and overnight, when occupants are sleeping.
48. **Use curtains and blinds wisely.** Open window coverings permit sunlight and heat to enter your

home. Closed coverings hold in heat during colder evening hours.

49. **Don't let heat escape up the chimney.** Make sure fireplace flues are closed when not in use.
50. **Control comfort with clothing.** A light sweater or heavier shirt and slacks can improve your family's comfort level while permitting lower thermostat settings...at any time of day or night.

While nearly everyone's monthly energy bills have crept up during recent months, some households run closer to \$200/month, others over \$300. The lower costs come from family members doing the same things, but differently. Does your family know how much you are spending on the power bill and where money could be saved?

RECOMMENDED ACTIONS: Ask your family members to take a look at the items above and find just one or two that they would like to work on. Then hold a discussion with everyone and reach an agreement on what items will be done differently, when and by whom. It might even be helpful to set a goal...like reducing the next month's bill by \$30...and spending the savings on a pizza party. Then follow up in the next month to see how the family is doing, give encouragement where it is needed and say "Thank You" for progress being made.

Good luck in cutting your family's electric bill!



TreeWorkNow.com
EVERY DETAIL. EVERY TIME.

Estimate Testimonials Video About Insurance Coupons

Visit TreeWork.com for your free estimate!

WE KNOW WHAT YOU WANT. WE DELIVER IT.

Our customers have told us what matters most: low prices and zero property damage. They also value promptness and a thorough clean up job. Fulfilling these requirements is our highest priority.

Visit Our Website or Call
(407) 416-2704

Licensed • Insured • Workmen's Comp.



TASTE OF ALTAMONTE SPRINGS

Monday, October 10th

Taste of Altamonte Springs was a project begun eighteen years ago by the Altamonte Springs Rotary Club with the goal of returning the funds raised to charities in our local community. It has grown to be a premier event and continues to expand each year. Last year's Taste of Altamonte Springs raised over \$30,000 for local charities and organizations.

Take a stroll around Cranes Roost Lake while sampling "tastes" from community restaurants. It takes place on Monday, October 10th from 6:00 p.m. to 9:00 p.m. in Uptown Altamonte at Cranes Roost Park. One price gets you into the park with live music throughout the event. Advance tickets cost \$25.00 for adults and \$10.00 for children ages four to twelve. Ticket prices at the gate are \$30.00 for adults and \$15.00 for children ages four to twelve.

Visit www.altamonerotary.org or call the City of Altamonte Springs Events Office at (407) 571-8860 for more information.

A HEARTY WELCOME

To Our Newest Sabal Residents

Richard & Jennifer Acree

534 Birdsong Court

Nghia Do

478 Longmeadow Lane

Hilmi Nedim Ergun

507 Birdsong Court

Robert & Meredith Goldsmith

692 N. Longview Place

Michael & Laurel Hagood

444 Twisting Pine Circle

David Molthrop Jr. & Carolyn Ohara

2661 Bent Hickory Circle

Isaac & Sybil Palmer

455 Longmeadow Lane

Meir & Melissa Wasserman

527 Birdsong Court

DINE-IN • TAKE OUT • DELIVERY



Voted Best Pizza
2007-2008-2009
Seminole Magazine
Award Winning Pizza
2008
Orlando Magazine

1090 Montgomery Road • Altamonte Springs

(407) 774-4300

Pizza • Pasta • Subs • Seafood • Salads • Soups
Beer & Wine • Catering Menu • Open 7 Days A Week



**FOR ALL YOUR
REAL ESTATE
NEEDS**

MARK HUMPHREYS

(407) 862-5250

365 WEKIVA SPRINGS ROAD • SUITE 151
LONGWOOD, FL 32779

**Custom Window Coverings
To Fit Your Style!**

**Thank You
Sabal
Residents**



Curt Intro
Owner/Operator
Shutters
Bypass Shutters
Cellular Shades
Wood Blinds
Arches
Vertical Blinds
Faux Wood
Silhouettes®
Woven Wood
Roller Shades
Motorization
and more!
Professional
Measuring &
Installation

407-673-0006

www.budgetblinds.com

FREE In-home Consultation & Estimates

Each franchise independently owned and operated

**Budget
Blinds**

a style for every
point of view.™

CRYSTAL G. HERBERT

LMHC, NCC

Mental Health Counselor

Individual Counseling • Family Counseling
Couples Counseling

(407) 808-1900

300 N. Ronald Regan Blvd. • Suite 314 • Longwood, FL 32750
ch4dc@hotmail.com



TO THE POINT

P.O. Box 915348
Longwood, FL 32791-5348

PRSRT STD
U.S. POSTAGE
PAID
MID-FL, FL
PERMIT NO. 75

Or Current Resident

To The Point is published by the Sabal Point Community Services Association.



We reserve the right to edit for space, clarity, grammar, and libel.
SPCSA does not endorse the products and services advertised in this newsletter.



MARK YOUR CALENDAR

October 10 Columbus Day

October 17 Public Schools Closed for Students
Teacher Work Day

October 18 SPCSA Board Meeting
Village on the Green
Bldg E Lounge

October 31 Happy Halloween

November 15 SPCSA Annual Meeting
Episcopal Church of the Resurrection
251 East Lake Brantley Road

November 23-25 Public Schools Closed

November 24 Happy Thanksgiving!

ARE YOU GOING ON A TRIP SOON?

If you are, please take advantage of this wonderful FREE program. A few days before you are scheduled to leave, call the Seminole County Sheriff's Office at (407) 665-6650 and ask to set up a House Watch. The operator will take important information from you, such as: When are you leaving? When are you expected back? Is anyone allowed on your property while you are gone? This information will be sent to the Deputy patrolling our community, who will then make periodic checks of your home while you are gone. If anything goes wrong, they'll know who to contact.

PUT "SET UP A HOUSE WATCH" ON YOUR TO-DO LIST BEFORE LEAVING!